



# Think Oils!

Young Living Essential Oils may provide comfort and relief from everyday stress and discomforts.

The **Essential 7 Collection** Code #3120 and **Valor** Code#3429 and Valor Roll-on Code#3529 are home first aid at its best.



**Essential 7 Collection contains 5ml bottles of: Three Single Oils: Lavender, Peppermint & Lemon Four Blends: Joy™, PanAway™, Peace & Calming™ and Purification™.**

**ACCIDENTS:** PanAway, Peace & Calming  
**ANXIETY:** Valor, Lavender, and Peace & Calming

**BRUISES:** PanAway, Lavender

**BURN RELIEF:** Lavender

**CIGARETTE SMOKE:** Purification

**CONCENTRATION:** Peppermint, Lemon

**CUTS:** Purification, Lavender, and PanAway

**DEPRESSED MOOD:** Joy

**DIGESTIVE DISTURBANCES:** Peppermint

**FEAR:** Valor, Peace & Calming, and Lavender

**FEVER:** Peppermint

**FUNGUS:** Purification, Lavender

**GROUNDING:** Valor

**HEADACHES:** Peppermint, Lavender, and Valor

**IMMUNE SYSTEM SUPPORT:** Lemon

**INFECTION:** Lemon

**INFLAMMATION:** Lavender, PanAway

**INSECT REPELLENT:** Purification, Lemon

**INSECT BITES & STINGS:** Purification, Lavender, and PanAway

**MENTAL CLARITY:** Peppermint, Lemon

**MILDEW:** Purification

**NAUSEA:** Peppermint

**PAIN:** PanAway, Lavender, Valor, Peppermint

**RESPIRATORY SUPPORT:** Peppermint

**ROMANCE:** Joy, Lavender

**SCARRING:** Lavender

**SKIN CONCERNS:** Lavender

**SLEEP DISTURBANCES:** Lavender, Peace & Calming, and Valor

**SORE THROAT:** Lemon

**SPORTS INJURIES:** PanAway, Lavender, Valor

**SUNBURN RELIEF:** Lavender

**STRESS:** Lavender, Peace & Calming, and Valor

**TENSION:** Lavender, Peace & Calming, and Valor

**WATER FLAVORING:** Lemon, Peppermint

*The above is provided for information purposes only.  
We do not diagnose or prescribe. Please refer to physician if needed.*

**Jeanmarie Hepworth, Crown Diamond**

**Young Living Sponsor #1040**

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# Testimonials

## Essential 7 Collection and Valor

### Oils I used for Fibromyalgia – PanAway, Lavender, Peace & Calming & Joy

Several years ago I was told I had Fibromyalgia. This was before I knew about the oils. I never had total relief from the pain until I started using the essential oils. (I tried many treatments).

To start with I used the **PanAway**® on the pain areas, **Lavender** and **Peace And Calming**™ on my feet at night to have a proper sleep. Once I started to have a good sleep the pain was less. I used **Joy**™ because I had many weepy days and the **Joy**™ always made me feel better. My daughter also gave me a **Raindrop Treatment**™ and I was pain free for 2 days for the first time.

In the past 18 months I have had a number of stressors that in the past would cause me to 'crash' as I call it. However that didn't happen. The oils I have been using in the past 12 months are **Valor**™, **Idaho Balsam Fir**, and **Joy**™. Occasionally I need to use the **Lavender** to sleep but not often any more. I also used SAM-e in the winter time last year. I haven't needed to use it yet this year. L.A.G.

### Lemon oil for sore throat & heartburn

After eating too much food close to bedtime, I woke with heartburn. I put 3 drops of **Lemon** oil on my tongue and then 8 ozs of water. The **Lemon** eased the heartburn. Moments after this I was busy looking up which oil I could use for my sore throat. After I found some recommendations I was trying to decide which oil to use when I realized my throat was no longer sore, because of the **Lemon** I had used for my heartburn. R.R.

### Wasp and hornet infestation spray – Purification & Peppermint

My tenant had a serious wasp and hornet infestation in the ceiling of her enclosed porch. I took a 8 oz. spray bottle full of water added 25 - 30 drops each of **Purification**™ and **Peppermint** therapeutic grade essential oils and sprayed the walls and ceiling. The wasps and hornets refused to land to enter their hives. Two weeks later we noticed a few going in the holes so I sprayed again. It has been about a month since the last spray and NO wasps or hornets! Cha Ching! N.H.

### Purification takes away mildew smell

Diffusing **Purification**™ in Young Living's cold air diffuser completely took away the mildew smell in our basement after it flooded last summer. I diffused it for about 15 minutes, 3 or 4 times a week for about a month before I realized that the smell was completely gone. V.G.

### Peppermint oil a life saver, who knew?

I was introduced to **Peppermint** about 4 years ago by a friend distributor. I am prone to colds, flu and sinus infections. I have found that when I am congested or have problems breathing and excess coughing **Peppermint** can be my best weapon. I rub it on my back and chest feeling its effects almost immediately. It is also a pleasant scent, which is helpful when you want to wear it during the day. It can also provide relief for sore throats and headaches. A.G.

### TMJ was causing jaw pain - Valor

My right jaw hurt very much when I chewed food or yawned. Thought I had a tooth problem. Went to the Dentist and he said I had TMJ. Told me to stop chewing gum. Read an article that **Valor**™ and 3 Wise Men™ is good for TMJ. I first tried 3 Wise Men™, with no relief. Next I would rub **Valor**™ on my jaw morning and night. After a couple of weeks the pain went away. What a relief, thanks to **Valor**™. L.C.