

# 30 *Plus* Reasons to Drink **NingXia Red** *Everyday!*

- ❖ Combat Premature Aging
- ❖ Increase Energy and Strength
- ❖ Look and Feel Younger
- ❖ Maintain Healthy Blood Pressure
- ❖ Maintain Healthy Cholesterol Levels
- ❖ Help Stabilize Blood Sugar
- ❖ Improve Brain Function: ADD, ADHD, Depression
- ❖ Restore Healthy Sexual Function
- ❖ Help Manage Weight
- ❖ Relieve Headaches and Dizziness
- ❖ Improve Quality of Sleep
- ❖ Support Vision Health
- ❖ Optimize Cardiovascular Health
- ❖ Inhibit Lipid Peroxidation
- ❖ Improve Disease Resistance
- ❖ Enhance Immune-Promoting Factors
- ❖ Protect DNA
- ❖ Provide Antioxidant Protection
- ❖ Build Strong Blood
- ❖ Help Chronic Dry Cough
- ❖ Fight Joint Pain
- ❖ Improve Lymphocyte Count
- ❖ Reduce Menopausal Symptoms
- ❖ Ease Morning Sickness
- ❖ Enhance Fertility
- ❖ Strengthen Muscles and Bones
- ❖ Support Normal Kidney Function
- ❖ Improve Memory
- ❖ Support Healthy Liver Function
- ❖ Alleviate Anxiety and Stress
- ❖ Improve Digestion
- ❖ Brighten Your Spirit
- ❖ Maintain Healthy Gums
- ❖ Suppress Allergies
- ❖ Protect Children's Health
- ❖ Increases Athletic Ability, Stamina and Endurance



*“Ningxia Red isn’t simply a fruit drink; it is nutritionally a super whole food. It can have a great impact on your health.”*

*“After 1 month on the Ningxia Red, my blood sugars have found balance. I am waking up earlier with a lot more energy and mental alertness, my sleeps are more restful and my general energy is better throughout the day.” R.G.*

**Energy with Multiple Sclerosis** “I feel better than I have in years and have regained energy that I thought was lost due to my disease. I have lost weight with little effort and rarely get sick. The number of 'episodes' with MS has dramatically decreased. Young Living oils and supplements help to give my body the support that it needs to maintain good health.” J.P.

Testimonials  
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# ***Testimonials for NingXia Red***

## **NingXia Red energy & pH balance**

I started taking Ningxia Red 3 times a day for the first month. I was hoping to gain more energy, as I always felt tired. Immediately I noticed I had more energy. I have always struggled with a low PH level, so I frequently take my ph with litmus paper. After about 2 weeks on the NingXia Red, my PH level climbed up from 6.0 to 7.0. I also noticed that I no longer bruised as easily as I had in the past. I.F.

## **NingXia Red helped my eyesight**

I tried 1 ounce of NingXia Red a day for four days. After that time I did not need to wear my reading glasses!! Yippee! I had been wearing glasses for about 2 years. I started with +1 then went to +2, then after the Ningxia Red +0. I still need to be in bright light to read, but I have only been taking the Ningxia Red for 3 months. S.L.

## **NingXia Red has helped with health issues**

I have been taking 1 oz. of Ningxia Red almost daily for a year. The knobs of my index fingers and thumb joints are gone on one hand and almost gone on the other. I also no longer need reading glasses. This supplement is the only change I have made in my life. G.B.

## **NingXia Red and its affect on diabetes**

When I first started using Young Living, I only tried the Ningxia Red morning and evening. That's all. My Diabetes is almost normal, and my cholesterol dropped 39 points, my doctor says to let her know more when it drops another 60 points. S.M.

## **Life is better with NingXia Red**

After drinking NingXia Red for about 4 days, I felt like I had more energy and was getting more done. I realized that I had begun to work (and do house chores) after 1:00 AM when I was used to shutting down by 11:00 or 11:30. I also realized that my thinking seemed clearer and that the right words were coming to me easily when talking and writing. Plus, as soon as I would drink NingXia Red, I seemed to crave even more. It was like my body was saying: 'hey, this is really good stuff ... keep it coming.' J.B.

## **NingXia Red & Plantar Fasciitis**

After we moved into our new house with hardwood floors and ceramic tile, I started to get terrible foot pain. Every morning I would step out of bed, unable to stand unless I immediately put my feet in shoes. I could not walk barefoot at all. I started to get cortisone shots in my feet. I now know how detrimental cortisone shots are. I started drinking 2-3 oz of NingXia Red a day, and after 2 months, I can walk barefoot if I choose! I also added 3 dropper full's of Mineral Essence to my drink and I can feel the difference if I forget a couple of days without these supplements! T.V.C.

## **NingXia Red – Colds and Sinus Infections**

My husband and I have been taking NingXia Red for 2 months (September, October) and still taking it. We both get colds, I get sinus infections during the fall season. Since taking NingXia Red my husband has been healthy (no cold or flu) and I was having a little sinus buildup and took NingXia Red 2x a day while feeling this way (I was also out of peppermint oil, which works wonders for sinuses). I never did get an infection. NingXia Red is awesome. M.G.

**Testimonies: [www.oil-testimonials.com/1040](http://www.oil-testimonials.com/1040)**